///WELCOME

Winter Chill

We know that this time of year things may feel a bit hectic, busy, and overwhelming. We also know you might be thinking "can I just do nothing related to school for a bit?" Well we hear you, this is why we at LBGTQ+ services will be providing just a few programs this month to help recenter you and just not think about school for a moment. Join us for events like family dinner and a movie night to unwind.

TIPS FOR FINALS

We know that finals are fast approaching and can sound a bit scary. So we want to give you some tips to prepare yourself.

Have a major paper or exam? Write or study a bit each day. Break your work up into small sections. If you work for 1 to 2 hours of studying each day. In doing so, you’ll stay on track with your studies whilst also spending quality time with your family and friends.

Take time to enjoy your weekends. Change your study schedule so that you rather focus on your studies during the week. Schedule your last study session on a Friday morning.
and then take the rest of the weekend off. On Sunday, prepare your desk or study corner for the next morning and start fresh on Monday.

**LBGTQ+ Services**

Office Hours
Office Hours for LBGT+ Services Assistant Director, Jeremy Torres (he/they) by email: ejtorres@mit.edu

LBGTQ+ Services

Graduate Assistant, Heather Trites (they/them) T 4-7pm, W 4-7pm, F 11-7pm

**Rainbow Lounge Hours**

Open Everyday via Tap Access

Programs and student staff available 11 am - 6 pm

Email: lbgt@mit.edu

*Walker will be closed and unstaffed from 12/23 10 pm - 1/3 8 am*

////Follow us on social media

**Facebook:** @rainbowloungemit

**Instagram:** @rainbow_lounge_mit
///UPDATES AND ANNOUNCEMENTS

December LBGTQ+ Book Recs.

Great Speeches on Gay Rights (Dover Thrift Edition)

This anthology traces the rhetoric of the gay rights movement from its deeply clandestine beginnings in the late 1800s through the current fight for marriage equality. Speeches include Robert G. Ingersoll's "Address at the Funeral of Walt Whitman and Harvey Milk's "Hope Speech." "Even on the printed page these speeches retain their power.

TAGS: History, Lbgtq, Politics, Society, Speeches

AIDS Doctors: Voices from the Epidemic: An Oral History by Ronald Bayer, Gerald M. Oppenheimer

TAGS: AIDS, History, Health, Gay Rights, Health and Wellness

This unique collective memoir tells their story. Based on interviews with nearly eighty doctors whose lives and careers have centered on the AIDS epidemic from the early 1980s to the present, this candid, emotionally textured account details the palpable anxiety in the medical profession.

///LBGTQ+ Services Signature Programming
World AIDS Day

In partnership with the Black Student Union (BSU), MIT Pleasure, and Violence Prevention and Response (VPR) join us in the Rainbow Lounge as we screen "Life Support" Rated TVMA (L). Resources on HIV/AIDS will be provided as well as food.

*Date: Thursday, December 1st*
*Time: 7 - 9:00 pm*
*Location: Rainbow Lounge 50-250*

Family Dinner

Join us in the Rainbow Lounge once a month for a Queer good time focused on being in community while we enjoy food.

*Date: Tuesday, December 6th*
*Time: 6 - 7:00 pm*
*Location: Rainbow Lounge 50-250*

End of Semester Movie Night

Hot coco? Popcorn? and a movie all in one night? That's right. Join us for our last movie night of the semester on the last day of classes.

*Date: Wed, December 14th*
*Time: 6 - 8:00 pm*
*Location: Rainbow Lounge (50-250)*

LBGTQ+ Family Dinner

Join us at the Rainbow Lounge to connect with other LBGTQ+ students over a warm meal.
Date: Thursday, November 10th
Time: 5:30 - 7:00 pm
Location: Rainbow Lounge 50-250

///@HAPPENING AT MIT

Latino Cultural Center (LCC) Ornament Making
Join us LCC for a Holiday Craft evening

Date: Thursday, December 1st
Time: 5:30 - 7:00 pm
Location: LCC (W20-001)

First-Gen Low Income Community Gathering

December Community Gathering. We will be meeting in Private Dining Rooms 1 & 2 on Stud 3 from 7 to 9 pm. We look forward to seeing you there!

Date: Tuesday, December 6th
Time: 7 - 9:00 pm
Location: Stud Private Dining Room 1 & 2

RSVP https://tinyurl.com/ymzsm3h2
Articulating Abortion

Professor of Sociology Zakiya Luna will be joining us to give her talk titled "Reproductive Rights as Human Rights: the Continuing Fight for Reproductive Justice". Notably, Luna is the author of Black Feminist Sociology: Perspectives and Praxis (2022)

Date: Tuesday, December 13th

Time: 4:00 pm

Location: 3-133

///@HAPPENING OUTSIDE MIT FOR ALL

Holiday Party

21+ event. Holiday party with The History project.

Date: Monday, December 5th

Time: 6 - 9 pm

Location: Club Café

RSVP https://tinyurl.com/3z58ffaf
///Acronyms In Our Newsletters

There's a lot of acronyms at MIT and we use a lot of them for character length in our newsletter. However, you might not be familiar with everyone. One of our readers had a great suggestion of including a key at the end of the newsletter and here it is so folks can know what everything means. If you have any suggestions for our newsletter then don't hesitate to reach out at: lbgt@mit.edu.

LBGTQ+ - Lesbian, Bisexual, Gay, Transgender, Queer Plus

ORSEL - Office of Religious, Spiritual and Ethical Life QTPhD - Queer and Trans PhD (Doctor of Philosophy)

QTPoC - Queer and Trans People of Color

VPR - Violence Prevention & Response

SAAM - Sexual Assault Awareness Month

WXGS - Women and Gender Services

WGS - Women and Gender Studies

I.E. - Office of Intercultural Engagement

OSW - Office of Student Wellbeing

SPXCE - Social Justice Programming & Cross Cultural Engagement

You are welcome here
The SPXCE Intercultural Center
W31-110 (duPont Athletic Center)

MIT Rainbow Lounge
Walker Memorial 2nd Floor (50-250)

Spxce.mit.edu
Lbgtq.mit.edu
Trans.mit.edu