A Note on LBGTQ+ History Month

October is full of major events related to the LBGTQ+ Community. For instance in 1994 a coalition of education based organizations in the United States designated October as LBGTQ+ History Month. The purpose of this month is to recognize the impact LBGTQ+ individuals have had on history locally, nationally, and internationally.

In October we also celebrate National Coming Out Day, International Pronouns Day, and Ace Awareness Week.

Coming Out?

You get to decide for yourself when, if, and how you come out.

It can help to find a support person to come out to one-on-one. This can be a friend, a family member, or an adult at school who you trust.

Coming out does not just happen once. It is a process that happens over and over again because we live in a heteronormative and cisnormative society, where people
are expected to be straight and cisgender. Although this can be intimidating, it can get easier after the first time, and having that emotional support person to talk to along the way can help.

Sexual orientation and gender identity are not set in stone! “Coming out” by sharing an identity or using certain pronouns doesn’t mean you’ll want to identify that way forever.

**LBGTQ+ Services**

*Office Hours*
Office Hours for LBGT+ Services Assistant Director, Jeremy Torres (he/they) by email: ejtorres@mit.edu

**LBGTQ+ Services**

Graduate Assistant, Heather Trites (they/them) T 4-7pm, W 4-7pm, F 11-7pm

**Rainbow Lounge Hours**

Open Everyday via Tap Access

Programs and student staff available

11 am - 7 pm Email: lbgt@mit.edu

**Student Workers**

The Rainbow Lounge is currently looking for student workers who are available on Wednesdays and Fridays. Please reach out to ejtorres@mit.edu

//Follow us on social media

**Facebook:** @rainbowloungemit
///UPDATES AND ANNOUNCEMENTS

October LBGTQ+ Book Recs.

ASEXUAL PERSPECTIVES: 47 Asexual Stories: LOVE, LIFE and SEX, ACElebration of ASEXUAL DIVERSITY by Sandra Bellamy
TAGS: Ace, Asexual, Anthology, Asexuality, Biography, Education. Educational, Self Care, Self Love, Self-Help

Author Sandra Bellamy is the founder of www.asexualise.com, with products, resources and services for asexuals. She sees herself as an ambassador for asexuality and is on a mission to get asexuality recognised as a sexual orientation in its own right throughout the globe so that no asexual has to live in fear of ridicule ever again.

Hola Papi: How to Come Out in a Walmart Parking Lot and Other Life Lessons By John Paul Brammer
TAGS: Autobiography, Latinx, Latino/a, Nonfiction, People of Color, Queer Men

LGBTQ advice columnist John Paul Brammer writes a “wise and charming” (David Sedaris) memoir-in-essays chronicling his journey from a queer, mixed-race kid in America’s heartland to becoming the “Chicano Carrie Bradshaw” of his generation.

///LBGTQ+ Services Signature Programming
Pumkin Crafts with WXGS

It’s spooky season. Drop by the Rainbow Lounge to paint and decorate a foam craft pumpkin. Pumpkins, paint, art supplies, and snacks provided. Bring your friends!

Date: Thursday, October 6th
Time: 1 - 4:00 pm
Location: Rainbow Lounge (50-250)

Virtual Dinner + Conversation: Partner Abuse in the LBGTQ+ Community

During this workshop, representatives from TNLR will give a brief introduction of the organization's history and services they offer; help us define partner abuse, homophobia, biphobia and transphobia; and explore its connection to oppression.

Date: Tuesday, October 11th
Time: 5 - 6:00 pm
Location: RSVP
https://tinyurl.com/e2eprbfv

Queer Talk: Coming Out to who?

Please join us for a conversation on the history of coming out and the debate within the LBGTQ+ Community if it is still necessary. Coming out to WHO? We will explore if coming out is still liberatory

Date: Wednesday, October 12th
Time: 5-6:00 pm
Location: Rainbow Lounge (50-250)
Queer Bible Study

Join Harvard with ORSEL in a queer and trans affirming space where they will discern the meaning of the stories that are at the heart of the Christian Faith

**Date:** Thursday, October 13th  
**Time:** 7:00 pm  
**Location:** Rainbow Virtual - RSVP  
[https://tinyurl.com/2ktkv8zy](https://tinyurl.com/2ktkv8zy)

Coming Out Affirmation Card making

Please join us at the Rainbow Lounge as we end coming out week by writing coming out affirmation cards for yourself and others in the LGBTQ+ Community.

**Date:** Friday, October 14th  
**Time:** 3 - 6pm  
**Location:** Rainbow Lounge 50-250

Non-binary Imposter Syndrome

Are these the right clothes? Should my hair look a certain way? Am I allowed to say I’m non-binary? What if I’m not enough? If you’ve had some of these questions and more then come chat with us and other non-binary students about what it means to be non-binary in an affirming and relaxed group discussion

**Date:** Wednesday, October 19th  
**Time:** 3 - 5 pm  
**Location:** Rainbow Lounge (50-250)
Gender Affirming Clothing Swap

Don't know what to wear? Wanting to find an article of clothing that feels more you? The participate in this clothing swap

Date: Friday, October 21st
Time: All day
Location: Various Locations

Family Weekend Open House

Please join us at the Rainbow Lounge as we welcome families visiting campus for family weekend! Learn about the services we provide to students and queer communities

Date: Friday, October 28th
Time: 5-6 pm
Location: Rainbow Lounge (50-250)

Wendell & Wild

The two devious demon brothers Wendell and Wild have to face their arch-enemy with the help of the nun Sister Helly, who is notorious for expelling demons. Get a goodie bag and grab some popcorn as we watch the premier of this thrilling stop-motion movie.

Date: Wednesday, October 19th
Time: 7-9 pm
Location: Rainbow Lounge (50-250)
Harvard Trans+ community event

Join Dr. Anna Baeth of Athlete Ally and guest speakers to learn more about allyship to the trans, nonbinary and gender non-conforming community.

This signup is for allies attending our workshops only.

**Date: Tuesday October 12th**

**Time:** 5:30 - 8:30 pm

**Location:** Cabot House (Harvard)

[https://tinyurl.com/5n6eaems](https://tinyurl.com/5n6eaems)

Learning SPace for allies, ft. Dr. Anna Baeth of athlete ally

Free Ticket Required

Join Dr. Anna Baeth of Athlete Ally and guest speakers to learn more about allyship to the trans, nonbinary and gender non-conforming community

**Date: Tuesday October 12th**

**Time:** 5:30 - 8:30 pm

**Location:** Cabot House (Harvard)

[https://tinyurl.com/5n6eaems](https://tinyurl.com/5n6eaems)
Trans+ Community Space

Follow signs to Cabot E Entryway Presentations & Panels by Community Members, Private time @Resource Fair + Social Time - Hors D'oeuvres & Drinks Provided

**Date:** Tuesday October 12th  
**Time:** 5:30 - 8:30 pm  
**Location:** Cabot House (Harvard)  
https://tinyurl.com/5n6eaems

Trans+ Community Resource Fair

Please Follow signs to Cabot E Entryway Presentations & Panels by Community Members, Private time @Resource Fair + Social Time - Hors D'oeuvres & Drinks Provided

**Date:** Tuesday October 12th  
**Time:** 5:30 - 8:30 pm  
**Location:** Cabot House (Harvard)  
https://tinyurl.com/5n6eaems

Ace/Aro Community Meetings

Be in community with others and talk about topics related to the Ace/Aro community.

**Date:** Mondays  
**Time:** 8 - 9
Painting the cannon for ace awareness week

Be in community with others and talk about topics related to the Ace/Aro community.

**Date:** Sunday, October 23rd

**Time:** 4 pm

**Location:** Tufts

The magic of Queer Tarot LBGTQ+ Imagery & Imagination in the cards

Sam Valentine (she/they), Tarot reader and THP’s Director of Archives & Outreach, will offer queer imaginings for the Tarot as an inclusive, supportive, and affirming tool for personal reflection and community care.

**Date:** Wednesday, October 13th

**Time:** 7 pm

**Location:** Zoom

**Tickets:** RSVP [https://tinyurl.com/trrac6c4](https://tinyurl.com/trrac6c4)

Book Club *Carmilla*

Join The History Project's book club for an informal group discussion of *Carmilla*, Sheridan Le Fanu's 1872 Gothic novella about a young woman preyed upon by a female vampire.

**Date:** Thursday, October 27th

**Time:** 7 pm

**Location:** RSVP

[https://tinyurl.com/nthxur5u](https://tinyurl.com/nthxur5u)
There's a lot of acronyms at MIT and we use a lot of them for character length in our newsletter. However, you might not be familiar with everyone. Our of our readers had a great suggestion of including a key at the end of the newsletter and here it is so folks can know what everything means. If you have any suggestions for our newsletter then don't hesitate to reach out at: lbgt@mit.edu.

LBGTQ+ - Lesbian, Bisexual, Gay, Transgender, Queer Plus
ORSEL - Office of Religious, Spiritual and Ethical Life
QTPhD - Queer and Trans PhD (Doctor of Philosophy)
QTPoC - Queer and Trans People of Color
VPR - Violence Prevention & Response
SAAM - Sexual Assault Awareness Month
WXGS - Women and Gender Services
WGS - Women and Gender Studies
OMP - Office of Multicultural Programs
SPXCE - Social Justice Programming & Cross Cultural Engagement

You are welcome here
The SPXCE Intercultural Center
W31-110 (duPont Athletic Center)

MIT Rainbow Lounge
Walker Memorial 2nd Floor (50-250)

Spxce.mit.edu
Lbgtq.mit.edu
Trans.mit.edu